

## **RLLS 2008 PARTICIPANT ESSENTIALS**

- Arrive: July 20<sup>th</sup> (late afternoon)
  - Depart: July 26<sup>th</sup> (after lunch)
  - Fee-based Airport Shuttle: available by advanced request, visit [www.altalodge.com](http://www.altalodge.com) or call **801-742-3500**
  - Hydration: Alta is at 8600 feet elevation, necessary stair climbing can be a limitation for those with physical challenges, and adequate hydration is very important
  - Dress attire: Dress is casual; rain gear and hiking boots are recommended
  - Meals: Vegetarian meals are available upon request, but more complex dietary restrictions require supplementing with your own food
  - Connection to Outside World (not that we're encouraging it...):
    - Phone/TV: Rooms have phones, but no televisions
    - WiFi / Internet: Alta Lodge has wireless computer access and one guest-use computer on the premises
    - Mobile Phone Reception: There is some cell phone reception at the lodge
  - Swimsuits: The lodge has hot tubs, but no pool, bring swimsuits if desired
  - Musical Instruments: Attendees are encouraged to bring musical instruments.
  - Registration Confirmation: A Registration packet will confirm your registration
  - Curriculum Materials: At check-in you will receive a binder with the full School schedule and other resource materials
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- Lodging Questions: For details on Alta Lodge, including mailing and contact information, driving directions, fee based shuttle service, accommodations: [www.altalodge.com](http://www.altalodge.com) or **801-742-3500**
  - School & Facilities Questions: Contact 2008 RLLS Dean, Lorian Kostranchuk: [lkostranchuk@comcast.net](mailto:lkostranchuk@comcast.net) or **505-268-0521**
  - Registration Question: Contact 2008 RLLS Registrar, Sandra Nesbit-Manning: [snmjja@aol.com](mailto:snmjja@aol.com) or **970-484-9775**

***RLLS 2008:  
Journeying to  
Leadership***

*Affirming  
Deepening  
Claiming  
Nurturing  
Building  
Living*

